



COMO
MAALIFUSHI

SCHEDULE OF DAILY ACTIVITIES

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|--|---|--|
| Time: Guest preferred time | Time: Guest preferred time | Time: Guest preferred time | Time: Guest preferred time | Time: Guest preferred time | Time: Guest preferred time | Time: Guest preferred time |
| Game Fishing Kindly enquire with your Villa Host for pricing | Game Fishing Kindly enquire with your Villa Host for pricing | Game Fishing Kindly enquire with your Villa Host for pricing | Game Fishing Kindly enquire with your Villa Host for pricing | Game Fishing Kindly enquire with your Villa Host for pricing | Game Fishing Kindly enquire with your Villa Host for pricing | Game Fishing Kindly enquire with your Villa Host for pricing |
| 7.00am to 9.00am | 10.00am to 12.00pm | 7.00am to 9.00am | 10.00am to 12.00pm | 7.00am to 9.00am | 10.00am to 12.00pm | 7.00am to 9.00am |
| Enjoy a Floating Breakfast Price: US\$86 per couple | Offshore Turtle Snorkeling Price: US\$75 per person | Bubbly Breakfast Price: US\$399 per couple | Offshore Reef Explorer Snorkeling Price: US\$75 per person | Enjoy a Floating Breakfast Price: US\$86 per couple | Offshore Turtle Snorkeling Price: US\$75 per person | Bubbly Breakfast Price: US\$399 per couple |
| 10.00am to 12.00pm | 12.00pm to 3.00pm | 10.00am to 12.00pm | 3.00pm to 4.30pm | 10.00am to 12.00pm | 12.00pm to 3.00pm | 10.00am to 12.00pm |
| Private Boat Hire Kindly enquire with your Villa Host for pricing | Taco Tuesday at Thila Price: À la carte | Kayak and Snorkeling Adventure Price: US\$50 per person | Aqua Safari with Marine Biologist Price: US\$70 per person | Private Boat Hire Kindly enquire with your Villa Host for pricing | Kebab Lunch at Thila Price: À la carte | Offshore Reef Explorer Snorkelling Price: US\$70 per person |
| 10.30am to 11.30am | 3.00pm to 3.30pm | 10.00am to 12.00pm | 4.30pm to 6.30pm | 10.30am to 11.30am | 3.00pm to 3.30pm | 3.00pm to 3.30pm |
| Guided Turtle and Reef Snorkeling Safari | Marine Biology Presentation Marine Sports Centre | Private Boat Hire Kindly enquire with your Villa Host for pricing | Dolphin Cruise Price: US\$125 per person US\$62.5 per child | Guided Turtle and Reef Snorkeling Safari | Marine Biology Presentation Marine Sports Centre | Kids Marine Biology Presentation Marine Sports Centre |
| 4.30pm to 6.30pm | 3.30pm to 4.30pm | 4.30pm to 5.30pm | 5.00pm to 6.00pm | 4.30pm to 6.30pm | 4.30pm to 6.30pm | 4.30pm to 6.30pm |
| Splash Net Cruise by Dhoni Price: US\$125 per person | Guided Marine Biologist Snorkeling Price: US\$50 per person | Try Dive at the Lagoon Introductory Experience | Romantic Sailing by Traditional Dhoni Price: US\$220 per couple | Splash Net Cruise by Dhoni Price: US\$125 per person | Private Boat Hire Kindly enquire with your Villa Host for pricing | Dolphin Cruise Price: US\$125 per person US\$62.5 per child |
| 7.00pm to 10.00pm | 4.30pm to 6.30pm | 5.00pm to 7.00pm | 6.30pm to 7.30pm | 7.00pm to 10.00pm | 5.00pm to 7.00pm | 6.30pm to 7.30pm |
| Candlelit Dinner Price: US\$100 (Set-up only) | Private Boat Hire Kindly enquire with your Villa Host for pricing | Sunset Bottom Fishing Price: US\$125 per person *Caught fish will be cooked at Madi or Tai | UV Night Snorkeling at House Reef Price: US\$100 per person | Private Cinema Under the Stars Price: US\$450 per couple | Sunset Bottom Fishing Price: US\$125 per person *Caught fish will be cooked at Madi or Tai | UV Night Snorkeling at House Reef Price: US\$100 per person |
| 7.00pm to 10.00pm | 7.00pm to 10.00pm | 7.00pm to 10.00pm | 7.00pm to 10.00pm | 7.00pm to 10.00pm | 7.00pm to 10.00pm | 7.00pm to 10.00pm |
| Flavours of India at Madi No additional supplement for guests on full board or half board | Omakase Set Dinner at Tai Supplement of US\$50 per person on full board or half board | Private Cinema Under the Stars Price: US\$450 per couple | Romantic Beach Dinner Price: US\$550 per couple | Sea, Fire, Land and Salt at Madi No additional supplement for guests on full board or half board | Omakase Set Dinner at Tai Supplement of US\$50 per person on full board or half board | Private Cinema Under the Stars Price: US\$450 per couple |
| | | 7.00pm to 10.00pm | | | | 7.00pm to 10.00pm |
| | | Lobster and Champagne at Madi No additional supplement for guests on full board or half board | | | | Candlelit Dinner Price: US\$100 (Set-up only) |

- Advance booking is required for all activities. For any inquiries or to check the availability of activities, please contact your dedicated Villa Host, who will be delighted to assist you.
- Private or tailor-made trips based on the excursions listed here can be organised on request. For more details please contact the Guest Services team on extension 0.
- Children aged three to 11 years old will be charged 50 per cent of the excursion price. Infants under three years old will not be charged for any excursions. All children and infants under 12 years old need to be accompanied by a parent or guardian.
- Please give at least two hours notice before the excursion start time for any cancellations. A 50 per cent cancellation fee will apply for notice of less than two hours.
- All prices are subject to a 10 per cent service charge and prevailing government taxes.
- *Denotes activities that allow a limited number of participants.

Effective from 01 June 2026

SCHEDULE OF WELLNESS ACTIVITIES



Rise and Revitalise – Early Bird Offer

Start your day with an extended moment of tranquility. Book any treatment between 9.00am to 11.00am and receive an additional 30 minutes at no extra cost. Reservations can be made at any time – offer valid exclusively for treatments scheduled within Early Bird Hours.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|--------|--|
| 8.00am to 9.00am | 8.00am to 9.00am | 8.00am to 9.00am | 8.00am to 9.00am | 8.00am to 9.00am | | 8.00am to 9.00am |
| Vinyasa yoga Yoga pavilion ♡ | Hatha yoga Yoga pavilion ♡ | Ashtanga yoga Yoga pavilion ♡ | Vinyasa yoga Yoga pavilion ♡ | Hatha yoga Yoga pavilion ♡ | | Ashtanga yoga Yoga pavilion ♡ |
| 11.00am to 12.00pm | 11.00am to 12.00pm | 11.30am to 12.00pm | 11.00am to 12.00pm | 11.00am to 12.00pm | | 11.30am to 12.00pm |
| Sound Healing Meditation Group Session US\$35++ per person Yoga Studio ⦿ | Core Strength Yoga Training US\$35++ per person Yoga Studio ♡ | Kids Yoga Yoga Studio ⦿ | Sound Healing Meditation Group Session US\$35++ per person Yoga Studio ⦿ | Hip and Shoulder Yoga Mobility Training US\$35++ per person Yoga Studio ♡ | | Kids Yoga Yoga Studio ⦿ |
| 4.00pm to 5.00pm | 4.00pm to 5.00pm | 4.00pm to 5.00pm | 4.00pm to 5.00pm | 4.00pm to 5.00pm | | 4.00pm to 5.00pm |
| Restorative yoga Yoga pavilion ⦿ | Restorative yoga Yoga pavilion ⦿ | Restorative yoga Yoga pavilion ⦿ | Restorative yoga Yoga pavilion ⦿ | Restorative yoga Yoga pavilion ⦿ | | Restorative yoga Yoga pavilion ⦿ |

♡ Active ⦿ Gentle

- Advance booking is required. Programme is subject to changes. For more information, please contact COMO Shambhala by dialling '2' on your in-room phone
- All prices are subject to prevailing government taxes and service charges

CLASS DESCRIPTION

Hatha yoga

Focuses on physical postures, breathing exercises, and relaxation techniques. It is often slower-paced, making it accessible to beginners and great for stress relief.

Vinyasa yoga

Each movement is synchronized with an inhale and exhale, creating a smooth, flowing sequence of poses. It is suitable for those who enjoy a more active, energizing approach to yoga.

Restorative yoga

Slow-paced style of yoga that focuses on deep relaxation and stretching. Poses are held for several minutes, allowing the muscles to relax and the connective tissues to stretch and release tension. It is a calm and gentle practice and ideal to calm the mind after a long active day.

Ashtanga Yoga

A powerful and rhythmically flowing practice that links each movement to the breath, creating internal heat that purifies the body while improving flexibility, stamina, and focus.

Core Strength yoga

Custom-designed yoga poses with a controlled flow that cultivate deep body strength, enhance stability, and promote a breath-focused practice

Sound Healing Meditation

Experience a calming meditative journey guided by resonant sound vibrations designed to align your energy, quiet the mind, and melt away stress.

Yoga Mobility Training

A specific yoga mobility that targeted stiff areas like hips, shoulders and strengthens core, stability in legs and arms and full body strengths to restore freedom of movement.

